## HOLIDAY FUN AND ANNUAL TRIP

YPLO's Holiday FUN program is designed to offer options for members within the school holidays, when there is a break from normal programs. Some of the options we offer include providing support to attend events as well as doing day trips to local towns. This is a great for people visiting the Yorke Peninsula on holidays who are looking to connect with others and discover some of our local gems.

Each year we offer an individually supported annual trip for our members. With a 3 day itinerary to explore new and interesting destinations within South Australia. This trip is always a highlight of the calendar year!





## **CONTACT INFO**

YPLO TEAM:

Coordinator: Tanya Walsh Support staff: Jaime and Eleni Plus many volunteers who are committed to delivering the

best service for the members.



#### Yorke Peninsula Leisure Options

YP Leisure Options delivers centrebased activities to people who have age related health issues and for people with a disability.

YPLO is based out of Minlaton.

The YPLO tree propagation group is run from Yorketown.

We provide transport to members from all over SYP.



Yorke Peninsula, South Australia



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Office hours: Monday to Friday 8:30am to 5:00pm

Address: Minlaton Town Hall 57 Main Street, Minlaton SA 5575

Phone: 08 8853 3834

Mobile: 0400 532 552

Email: ypleisureoptions@yorke.sa.gov.au



Located on Nharangga Land, we acknowledge the traditional owners of the land,

## **WOODSHED, ARTS & CRAFTS** AND COOKING GROUP

The Wood Shed group program runs every Tuesday 10:00am to 2:30pm. With set projects each fortnight to create opportunities for members to learn skills and increase capacity to use a range of tools. Projects are sold within our community to raise funds for materials.

The Arts and Crafts Groups meets at the Minlaton Town Hall alternative Tuesdays from 10:00am to 2:30pm. Members learn about art techniques using a range of mediums and materials. With guest artists visiting and sharing ideas, there is always something new to create.

The Cooking Group meets at the Minlaton Town Hall alternative Tuesdays from 10:00am to 2:30pm. Members have the opportunity to try new recipes or refine old favourites, including cooking meals for lunch or dinner and tasty treats. Members get to enjoy their creations and take home recipes.

Each term Prince Alfred College year 9 students visit our Tuesday groups, this is a great opportunity for our members to interact with younger age groups, socialize and share their knowledge.







# CONTROLOGIES

The Living Skills Program is established to support younger people with disabilities. Members are supported in an educational program that targets skills and knowledge specific to living independently and achieving outcomes. With a focus on individual needs, the Living Skills Program is designed to enable members to build on existing strengths in a range of learning areas; from money management, literacy and numeracy, as well domestic tasks, health and nutrition. Members are supported to achieve personal goals, experience success, participate in the community and support their own and others' wellbeing.

The Fun and Games Group participate in a range of indoor and outdoor games. Based at the Minlaton Town Hall, the Group meets alternative Thursdays and have regular excursions around the Peninsula.







## TREE PROPAGATION

The Tree Propagation Group meets weekly on Fridays at the Yorketown Progress Association/ Lions Club Hall. Members participate in seed collecting excursions, propagation, and occasional tree planting excursions, in addition to the care of the nursery at the rear of the Hall. Open from 10:00am until 2:30pm, the Group is facilitated by Group Leaders with experience and passion for propagation of native tree, shrubs and ground covers. Sale of stock to the public is available from 11:00am, with a range of species to choose from. Groups run each Friday through the school holidays.





**Picture taken at Trees 20th Birthday!** 

